

# Less is More: The Imperative to Optimize Protocol Data Collection

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# Agenda

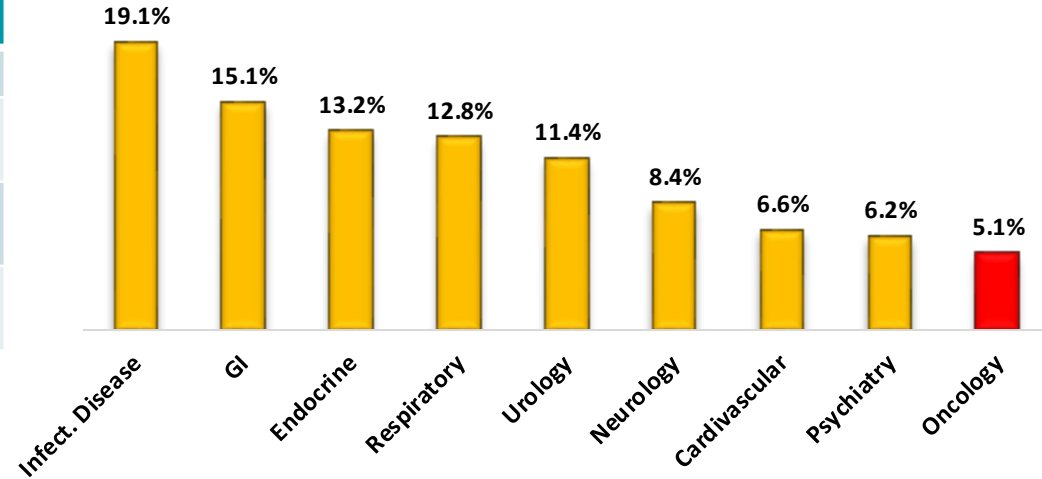
- **Protocol design practices and their impact**
- **Tufts CSDD – TransCelerate Optimizing Clinical Data Study**
  - **Methods and Rationale**
  - **Detailed Results**
- **Key Takeaways and Practical Opportunities**

# Drug Development Risk by Phase and TA

*Phase Transition Probabilities*

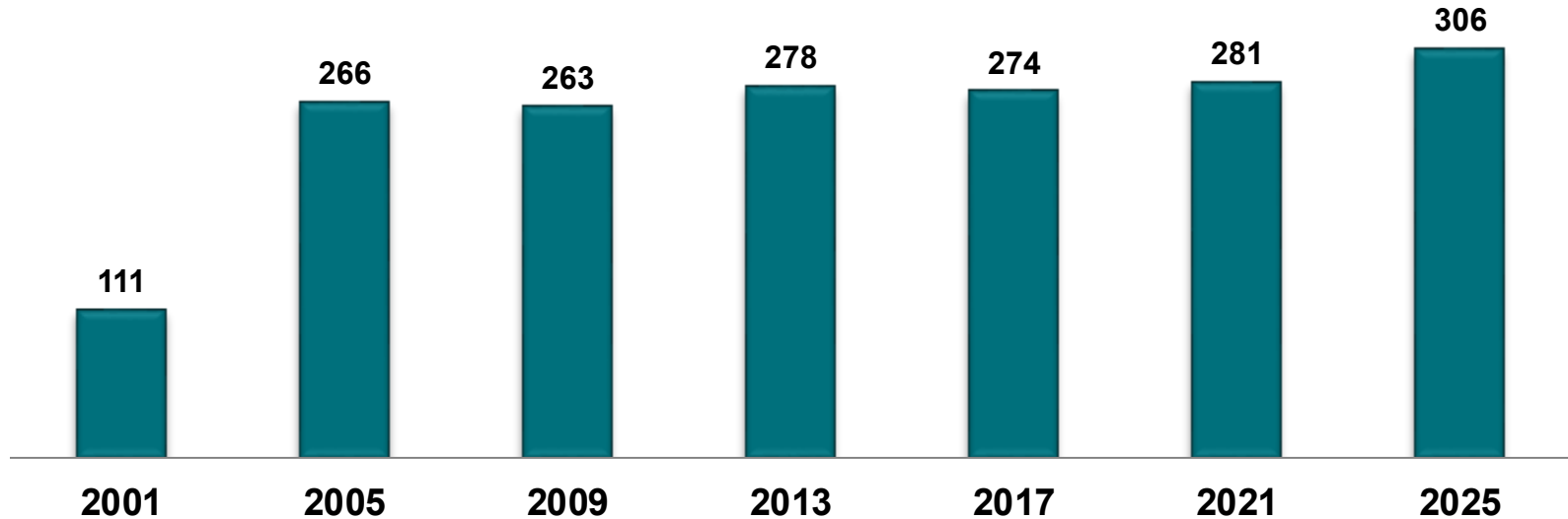
	1993 to 1998	1999 to 2004	2005 to 2013	2014 to 2021
Phase 1 to 2	67%	64%	58%	63%
Phase 2 to 3	41%	39%	34%	31%
Phase 3 to submission	63%	66%	62%	58%

*Overall Probability of Achieving Regulatory Approval*



Source: Tufts CSDD

# Complaints Filed with the FDA for Non-Compliance



Source: FDA

# Scientific and Executional Customization

<b>Phase III Pivotal Trials (Means per Protocol)</b>	<b>2013-2015</b>	<b>2023-2025</b>
<b>Total Endpoints</b>	<b>14</b>	<b>18</b>
<b>Total Eligibility Criteria</b>	<b>31</b>	<b>35</b>
<b>Total Procedures</b>	<b>187</b>	<b>301</b>
<b>Total Countries</b>	<b>9</b>	<b>13</b>
<b>Total Investigative Sites</b>	<b>65</b>	<b>106</b>
<b>Total Patients Randomized</b>	<b>597</b>	<b>737</b>
<b>Total Data Volume</b>	<b>1.8 million</b>	<b>5.9 million</b>

Source: Tufts CSDD

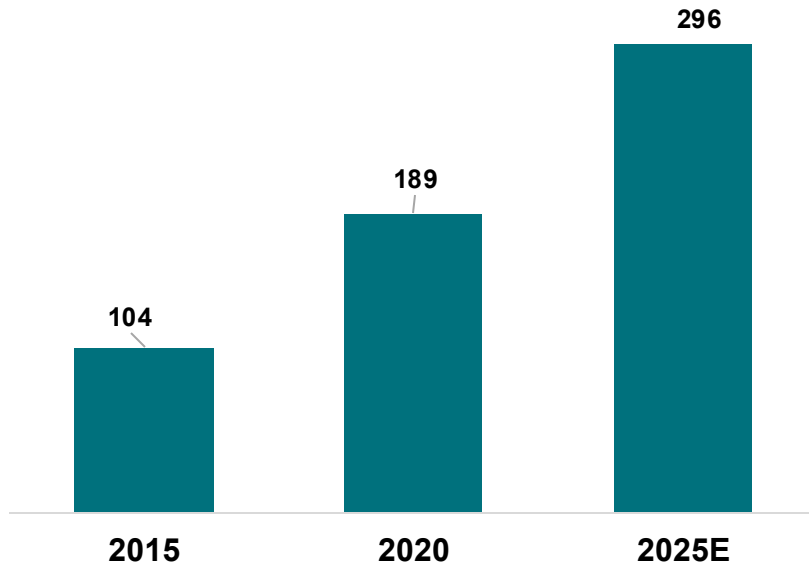
# Impact on Enrollment, Cycle Time and Quality

<b>Phase III Pivotal Trials</b>	<b>Overall Change Between Means 2015 – 2025</b>
<b>Initiation Duration (approval to FPFV)</b>	<b>27.2%</b>
<b>Enrollment Duration (FPFV – LPLV)</b>	<b>36.9%</b>
<b>Closeout Duration (LPLV to DBL)</b>	<b>16.3%</b>
<b>Total Protocol Deviations</b>	<b>184.6%</b>
<b>Total Substantial Amendments</b>	<b>52.2%</b>
<b>Drop-Out Rates</b>	<b>105.1%</b>

Source: Tufts CSDD

# Deviations and Amendments per Protocol

*Mean Deviations per Pivotal Trial*



Source: Tufts CSDD

*Substantial Amendments per Pivotal Trial*

	2013-2015 (N=836)		2018-2021 (N=952)	
	Percent with at least 1 amendment	Mean Number per protocol	Percent with at least 1 amendment	Mean Number per protocol
Phase I	52%	1.8	67%	3.1
Phase II	77%	2.2	89%	3.3
Phase III	66%	2.3	82%	3.5

Source: Tufts CSDD 2015 and 2022 Studies

# The Realities of Participation Burden

“I had so many study visits that took up so much time – waiting to meet with the study nurse or the doctor, waiting to collect my meds from the pharmacy, having a procedure. It was unbelievable and I often wanted to simply quit.”

“I lived so far away that every visit required that I take time off from work and make up for this time using my vacation and sick days”

“Navigating the hospital itself was such a pain... tests and blood work required so much time getting there and having to sit around in the waiting room, sometimes breaking up my study visit.’

“I had to keep a daily diary on a device that they gave me that was so slow and unreliable. It didn’t always save my responses and the battery life was terrible.”

# Participant Burden Trends

How burdensome was your participation? <i>Percent report 'Somewhat' or 'Very'</i>	2021 (n = 3654)	2025 (n = 5505)
Traveling to the study clinic	29%	44%
Diagnostic tests (e.g., x-rays, MRIs)	21%	42%
The length of the study visits	21%	40%
Lab work (e.g., blood tests, urine)	17%	38%
Taking the study medicine	15%	37%
Completing questionnaires or diaries	18%	32%

## Premature Termination

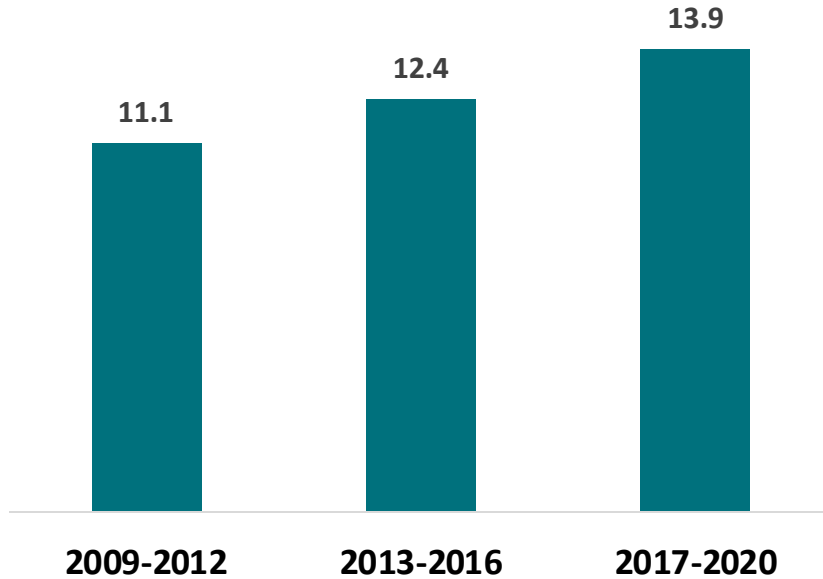
	Due to Patient Choice
2007-2010	20.8%
2011-2014	40.4%
2015-2018	48.1%
2019-2023	64.3%

Source: CISCRP Global Patient Perceptions Survey

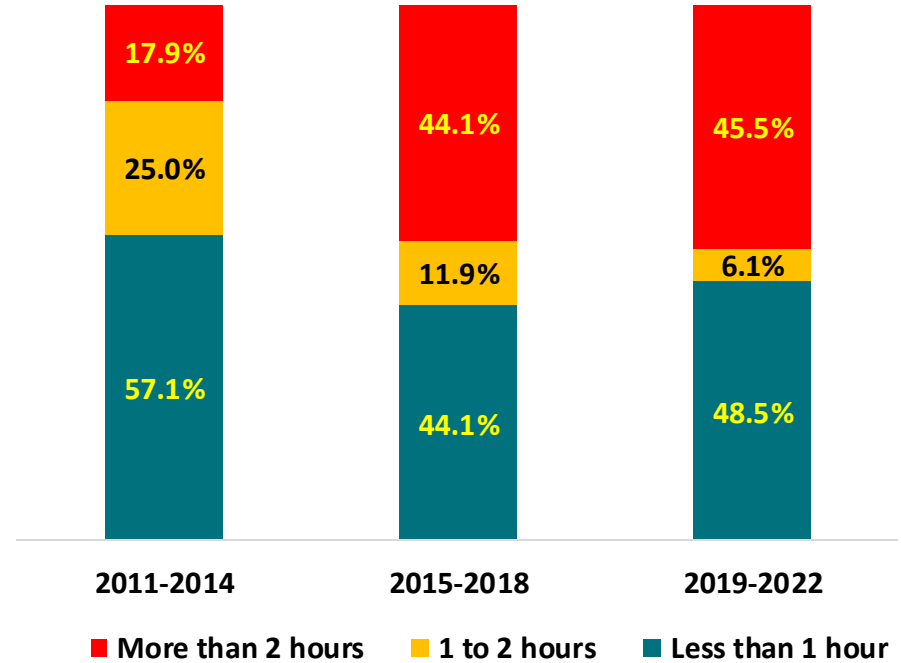
Source: Tufts CSDD, 2024

# Participant Burden Trends *(continued)*

**Mean Procedures per Patient Visit**  
*(Phase II & III protocols, All TAs)*



**Benchmark Proportion of Protocols By Average Visit Duration**



Source: Tufts CSDD

# Tufts CSDD – TransCelerate ODC Study Methods and Rationale

- The data collection instrument was workshopped throughout Spring 2024; A data warm-up exercise was conducted between June and July 2024.
- 14 Companies collected and provided their own data between July and November 2024.
- Tufts CSDD conducted data quality checks to ensure accuracy, validity and completeness and conducted a comprehensive QC process. Database locked and analysis initiated at the end of January 2025
- 105 Total protocols
  - 41% phase II; 59% phase III
  - 63% small molecules
  - 26% oncology, 16% endocrinology, 13% immunology, 11% infectious diseases, 9% neurology

## *Rationale*

- Improve patient and site experience by reducing burden and simplifying protocol design
- Reduce complexity of data collection
- Enhance trial execution through better design decisions
- Maintain and improve research integrity and quality

# Procedure Types by Endpoint Category

## CORE

- Procedures supporting primary and/or secondary objectives
- Procedures supporting primary, \*key\* secondary and safety endpoints

## NON-CORE

- Procedures supporting tertiary and exploratory and supplementary secondary endpoints
- Safety, efficacy or other procedures that are not included as an endpoint or objective

## REQUIRED (Regulatory Compliance)

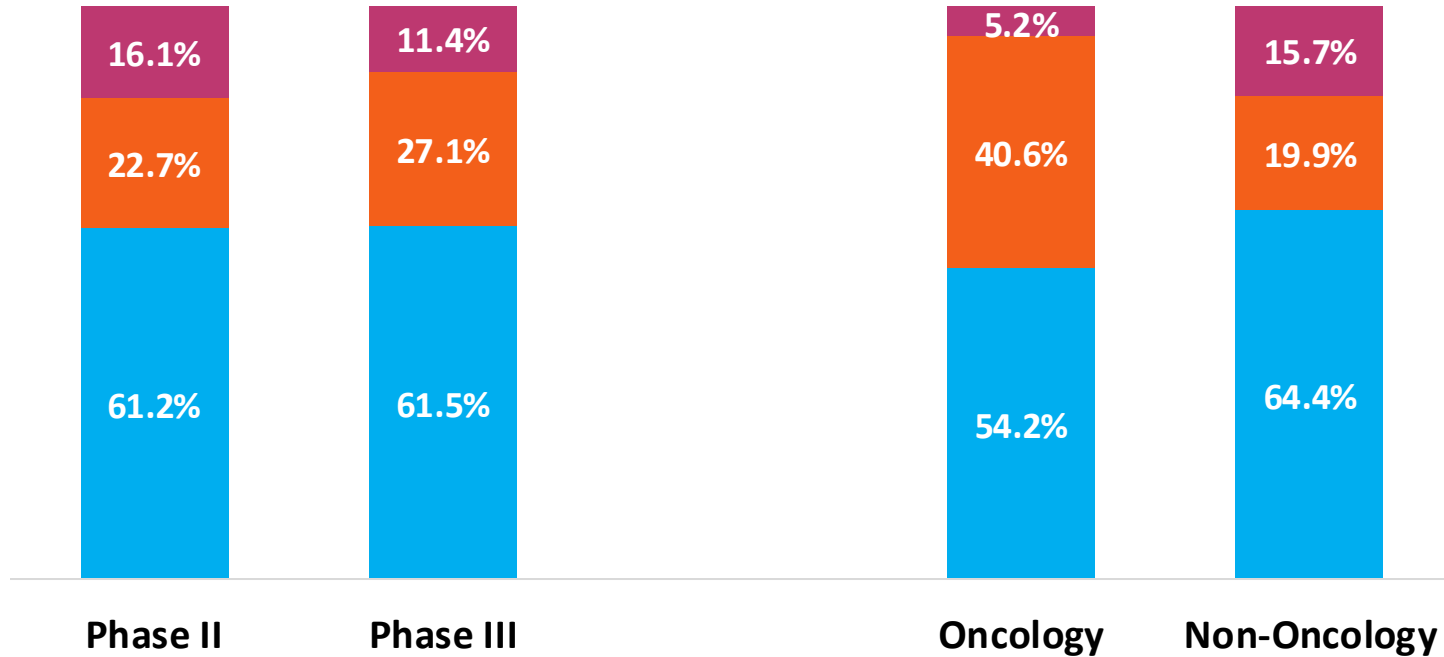
- Screening requirements
- Informed Consent
- Drug dispensing (compliance)

## STANDARD

- Routine procedures including gathering data on baseline health, concomitant medications, demographics, adverse event and adverse drug reactions

Source: Tufts CSDD

# Distribution of Datapoints Collected per Participant



Source: Tufts CSDD, 2025

■ Core    ■ Standard or Required    ■ Non-Core

# Procedural Datapoints that are Non-Core

<b>Combined Phase II - III Clinical Trials</b>	<b>Mean Percentage of Total Data Collected by Procedure that is Non-Core</b>
<b>Patient Diaries</b>	<b>37.5%</b>
<b>Questionnaires</b>	<b>37.1%</b>
<b>Invasive Procedures</b>	<b>25.9%</b>
<b>Lab &amp; Blood</b>	<b>16.0%</b>
<b>Imaging</b>	<b>14.9%</b>
<b>Non-Invasive Procedures</b>	<b>10.0%</b>
<b>Routine Procedures</b>	<b>4.5%</b>
<b>Medication Dispensing</b>	<b>0.0%</b>
<b>Other</b>	<b>12.1%</b>

Source: Tufts CSDD, 2025

# Non-Core Procedural Contribution to Participant and Site Burden

	Phase II	Phase III
<b>PARTICIPANT BURDEN</b>		
Non-Core Procedures	19.8%	16.7%
<b>SITE BURDEN</b>		
Non-Core Procedures	18.1%	16.6%

*Smith et al. Enhancing the measure of participation burden in protocol design to incorporate logistics, lifestyle and demographic characteristics. TIRS. 2021; 55(6): 1239-1249*

*Florez et al. Quantifying site burden to optimize protocol performance. TIRS. 2024; 58(2): 347-356*

Source: Tufts CSDD, 2025

# Reasons for Conducting Non-Core Procedures

Reason	Phase II	Phase III	Oncology	Non-Oncology
<b>Safety</b>	19.7%	21.4%	10.9%	23.5%
<b>Future Use</b>	23.7%	18.8%	23.4%	19.8%
<b>Exploratory</b>	21.9%	15.9%	43.1%	11.3%
Quality of Life/Symptom Evaluation/PRO	5.3%	13.3%	2.9%	12.5%
Efficacy	5.7%	10.8%	10.2%	8.7%
Market Differentiation	9.6%	5.8%	2.9%	8.3%
Support Reimbursement	4.8%	5.1%	1.5%	5.9%
Regulatory Request	0.4%	3.1%	1.5%	2.4%
PK/PD	2.2%	1.2%	1.5%	1.6%
Screening	0.9%	0.0%	0.0%	0.4%
Other	5.7%	4.6%	2.2%	5.7%

Source: Tufts CSDD, 2025

# Data Included in the Clinical Study Report

Endpoint Classification	Main Body		Appendix			Total
	Discussed	Referenced	Discussed	Referenced	Included but not Discussed or Referenced	
Core	58.9%	16.7%	2.3%	12.8%	1.2%	92%
Standard/Required	45.0%	14.8%	0.8%	11.7%	4.7%	77%
Non-Core	46.5%	15.3%	1.5%	8.0%	2.9%	74%

## Top Reasons Non-Core Procedure Data was Not Included (*percent reported*):

- Exploratory (28%)
- Future Use (27.7%)
- Safety (13.8%)

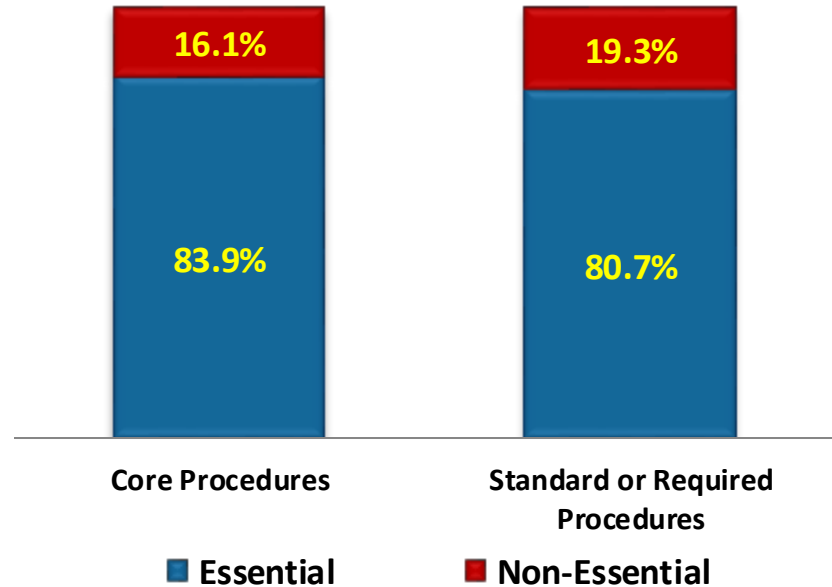
Source: Tufts CSDD, 2025

# Introducing : ‘Non-Essential Procedures’

*Procedures determined by the clinical team or protocol authors as being conducted more times than necessary to demonstrate a clinical outcome, fulfill a regulatory requirement or support standard/routine procedures*

**Mean percent of datapoints collected per participant by Endpoint Category**

*(Phase II/III combined)*



Source: Tufts CSDD, 2025

# Datapoint Contribution from Non-Core and Non-Essential Procedures

(Phase II/III Clinical Trials)	Datapoints per Participant from Non-Core Procedures	Datapoints per Participant from Non-Essential Core, Standard/Required Procedures	Total
Questionnaires	37.1%	18.3%	55.4%
Patient Diaries	37.5%	3.5%	41.0%
Invasive Procedures	25.9%	7.1%	33.0%
Lab & Blood	16.0%	13.4%	29.4%
Imaging	14.9%	6.1%	21.0%
Non-Invasive Procedures	10.0%	17.1%	27.1%
Routine Procedures	4.5%	11.9%	16.4%
Medication Dispensing	0.0%	3.1%	3.1%
Other	12.1%	1.9%	14.0%

Source: Tufts CSDD, 2025

# Contribution of Non-Core and All Non-Essential Procedures to Participant and Site Burden

	Phase II	Phase III
<b>Non-Core Procedures</b>	<b>19.8%</b>	<b>16.7%</b>
<b>Non-Essential Core, Standard or Required Procedures</b>	<b>5.9%</b>	<b>12.7%</b>
<b>TOTAL</b>	<b>25.7%</b>	<b>29.4%</b>
<b>Non-Core Procedures</b>	<b>18.1%</b>	<b>16.6%</b>
<b>Non-Essential Core, Standard or Required Procedures</b>	<b>7.0%</b>	<b>12.9%</b>
<b>TOTAL</b>	<b>25.1%</b>	<b>29.5%</b>

Source: Tufts CSDD, 2025

# Key Takeaways

Getz et al. Insights Informing Strategies for Optimizing the Collection of Clinical Trial Data. TIRS 2025

- **More than one-third of all data collected comes from non-core and non-essential procedures and they contribute 25-30% of total participant and site burden**
- **Participant questionnaires and diaries collect a disproportionately high amount of non-core and non-essential data; Safety and Exploratory/Future Use purposes are the top reasons non-core data is collected.**
- **The majority (74%) of non-core data – much of it exploratory and/or intended for future use – appears in the Clinical Study Report**
- **Our study findings provide empirical evidence and insights encouraging protocol design discussion and a shift in mindset towards more intentional and fit-for-purpose data collection strategies**
- **These study results inform the development of tools and frameworks to support optimizing data collection**

# Applying Optimization Insights

- **Protocol authoring tools**
  - **Spirit, Metrics Champion Consortium, TransCelerate Common Protocol Template**
  - **Protocol digitization and AI-enablement**
- **Patient burden assessment**
- **Patient panels providing input into draft protocol designs**
- **TransCelerate's new 'CDP Framework'**
  - **Endpoint selection tied to label claims**
  - **Endpoint alignment with clinical phase**
  - **Match TPP target population with design feasibility/convenience**
  - **Remove high burden, low protocol relevance/value procedures**
  - **Participant and site input – early and often**
  - **Continuous measurement and refinement**



# Thank You!

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